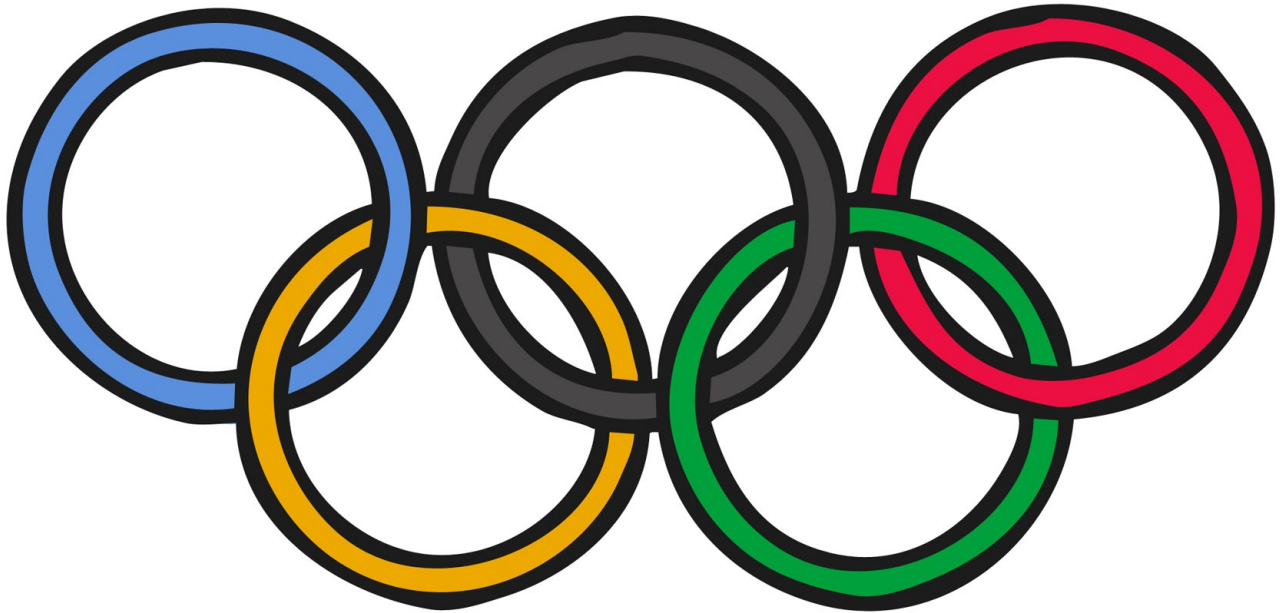


Olympic Symbols and Their Meanings



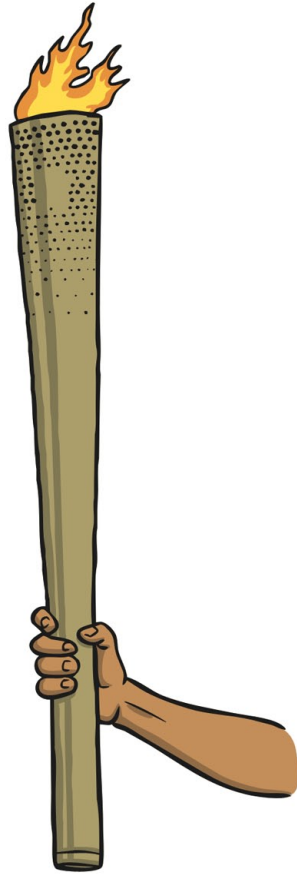
The Olympic Rings

The five rings are said to represent the five continents.

The colours were taken from the flags of the world at the time the rings were designed.

The way the rings interlink shows the countries mingling, and encourages world unity.

Olympic Symbols and Their Meanings



The Torch

In ancient Greek times, it was said that months before the games began, the torch was lit by the sun's rays in Olympia. The flame was then carried by torchbearers to where the games took place.

Olympic Symbols and Their Meanings



The Motto

Faster, Higher, Stronger

This reminds people to always do their best, and try their hardest.